



# GULF Coast PILATES

changing lives by training mind and body

## August 2010 Group Classes

NAME \_\_\_\_\_

Total prepaid classes \_\_\_\_\_ \$ \_\_\_\_\_

Contact # \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Last day to prepay	2	3	4 6:30pm Reformer	5	6 9am Reformer	7 Studio closed Ref 1 @ Hardcore Pilates OPEN TO ALL!
8 Ref 1 @ Hardcore Pilates OPEN TO ALL!	9	10	11 6:30pm Reformer	12	13 9am Reformer	14 Available for privates
15 Available for privates	16	17	18 6:30pm Reformer	19	20 9am Reformer	21 Available for privates
22	23	24	25 9am Reformer NO EVENING CLASS	26 Studio closed	27 Studio closed	28 Studio closed
29	30	31				

- ◆ Circle the class you wish to reserve, pre-pay on or before the "last day to pre-pay" date.
- ◆ REFORMER Group class fees: \$25 prepaid, \$35 drop-in/use of package; Hot Yoga is pay-as-you-come
  - ◆ NO MAKE-UPS or REFUNDS for PREPAID group classes
  - ◆ If only one reserved in class, half-hour private offered